

DR. ASHLEY C. BAYER, DO

Thank you for choosing Palm Pediatrics. The following information will help you get the most of our services.

Office Hours: Regular office hours are Monday through Thursday from 8:30AM to 5:00PM and Friday from 8:30AM to noon. To further extend our hours, we are open the first and third Saturday morning of every month from 8:30AM to noon, with a few rare exceptions. An additional charge is applied to visits that occur during weekend hours, which you may be responsible for per your insurance company. We are closed on major holidays.

Office Visits: Appointments can be made at our front window for a later date or by calling the office directly.

Telephone: If you leave a message during business hours, we would like to address your concern promptly, so if we do not return your call within 20 to 30 minutes, please call back. When the office is closed, please leave us a voicemail and we will return your call the next business day.

After Hours: We strive to remain accessible to families. When the office is closed, an after hours cell phone number is available on the recorded message. <u>Please limit after-hours calls to urgent issues and emergencies only</u>. For refills, appointment requests, and other non-urgent matters, you may call the office during regular business hours. When leaving a message or text, please provide your name, your child's name, and your child's date of birth.

For the safety and security of your health and medical information, please do not use Facebook or email to contact Dr. Bayer regarding urgent or emergent concerns.

Mission Statement: It is the mission of Palm Pediatrics to improve the lives of children by providing the highest quality medical care, from newborns through young adults, through treatment and prevention of childhood diseases based on research, education and advocacy. We remain committed to excellence, accountability and service for our patients and their families.



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Palm Pediatrics Practice Policies

- A parent or guardian must update our information form <u>yearly</u> before seeing the doctor. We must obtain a copy of your current valid insurance card and driver's license.
- We participate in most insurance plans. Understanding your insurance benefit plan is your responsibility. Please contact your insurance company with any questions.
- Our fees are set to conform to those of other pediatricians in the area. We welcome discussion of fees and your credit needs. All accounts not covered by insurance are payable at time of service. All insurance co-payments, co-insurance and deductibles are payable at time of service and cannot be discounted. If other arrangements become necessary, please discuss them with us in advance.
- Returned check fee is \$30.00, cash or credit card payments only.
- Our office requires 2 to 3 days notice for forms and referrals.
- Please refrain from using cell phones while in the examination room.
- Due to OSHA health regulations, disposal of soiled diapers in our office is prohibited. If you need a plastic bag, one will be provided for you.



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Health Maintenance Visits For The First Five Years

Advance scheduling of checkups for healthy children enable us to practice preventive medicine. Many diseases can be prevented by building immunity through vaccination. In addition to immunizations and complete physical examinations, routine well care will include vision and hearing testing as needed and blood testing for anemia. During routine well visits we will make available additional reading material (if desired) on various aspects of care and management. Every child will require visits for special problems, infections, etc.

Schedule Of Routine Visits and Vaccines:

- 1-7 Days: Hepatitis B Vaccination #1
- ✤ 1 month
- 2 months: HIB #1, Prevnar #1, Pediarix #1 (DTAP, Polio, HBV), Rotateq #1.
- ✤ 4 Months: HIB #2, Prevnar #2, Pediarix #2 (DTAP, Polio, HBV), Rotateq #2.
- ♦ 6 Months: HIB #3, Prevnar #3, Pediarix #3 (DTAP, Polio, HBV), Rotateq #3.
- 9 Months: ASQ Developmental Screening Test
- 12 Months: HIB #4, Prevnar #4, Hepatitis A #1, Hemoglobin/Lead
- 15 Months: MMR #1, Chicken Pox #1.
- ✤ 18 Months: DTAP #4, Hepatitis A #2, ASQ Development Screening Test
- ✤ 24 Months: Hemoglobin/Lead
- 30 Months: ASQ Developmental Screening Test
- ✤ 3 years
- ✤ 4 years: MMR#2, Chicken Pox #2
- ✤ 5 years: DTAP #5, Polio #4
- Hearing and Vision Screenings also performed at age appropriate and recommended intervals.

After 5 years of age, yearly check-ups will ensure proper growth, school performance, and disease prevention. Additional booster vaccines are required during adolescents.

Dental Care and Cavity Prevention

- Fluoride is applied at 12, 15, 18, 24, 30 and 36 months
- First dental checkup is recommended at 2 to 3 years old

Not Yet Mandatory But Recommended Vaccines:

- Hepatitis A: 2 doses 6 months apart.
- Human Papilloma Virus (HPV): Age 8 to 26 years (for boys and girls)
- Menactra (Meningitis prevention): 11 and 16 years old
- Meningococcal B: 2 doses, 6 months apart
- Annual Flu Vaccines: 6 months and up